

# CASHER

The Child & Adolescent Support  
& Help Enhanced Response  
Team

## URGENT SUPPORT DURING CORONAVIRUS PERIOD

Available 7 days a  
week

Please ring the CASHER  
team to arrange where to  
meet.  
07810 696565

During the current period, as an  
alternative/addition to our groups,  
**1:1 URGENT Support will be  
offered. Please ring the CASHER  
mobile to book an appointment**

Suitable for:

Children and young people aged under 16 who  
present with:

Anxiety/Depression  
Feeling worried or upset  
Low self-esteem/Low confidence  
Need Advice/Someone to talk to?

**Please go online to [111.nhs.uk](https://111.nhs.uk) for  
advice about any Coronavirus  
symptoms. If you have symptoms  
and would like support around  
anxiety and your emotional health  
and wellbeing you can ring the  
CASHER phone number.**



To book a place at this clinic, please contact the **CASHER** Team within their  
duty hours ( please leave a msg if necessary & we will contact you asap ):

**07810 696565 Mon-Fri 5pm-10pm or Sat/Sun 10am-10pm.** ( Bank holiday  
times can vary) ..... please email :  
**[bfwh.casher.team@nhs.net](mailto:bfwh.casher.team@nhs.net)**