

# CASHER over the Summer

How can I get support this  
Summer

## CASHER Weekend Clinic

We have 2 weekend slots each day at the weekend every weekend  
for a Face to Face assessment please ring 07810696565

CASHER will be joining the Boys and Girls club once a week at their  
summer activities

## CASHER Reach out Fylde + Wyre

Every Wednesday we are holding virtual groups/1-1's.

22<sup>nd</sup> July we will be covering the Fylde Area (Kirkham and St Annes)

29<sup>th</sup> July we will covering the Wyre area

(Fleetwood, Garstang and Over Wyre)

These will be held alternate Wednesdays

**If you are low in mood or feeling anxious**

**Struggling with self harm and want some support please ring the**

**CASHER Number**

**07810 696565**

