



*"P.E. is both complex and dynamic. Sport is forever changing and offering new exciting challenges. I really enjoy coaching and teaching younger students, sharing their success when they achieve their goals. The B-TEC PE course offers me the chance to do all of this and more."*

# PE BTEC

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### **Is this course for me?**

This course is perfect for those who love everything about sport. If you love playing it, reading about it and watching it then St. Mary's BTEC Sport is the course for you. It's for those who want to study with like-minded students and be taught by staff who love sport too. Students are encouraged to develop a wide range of knowledge and understanding of sport as well as their ability to perform. The course is ideally suited for students who have a real interest in sport and associated industry. We provide students with personal guidance and support to ensure all students achieve their full potential.

### **Areas of study**

The new B-TEC National is a vocational and work related course.

Mandatory units

1. Anatomy & Physiology - exam
2. Fitness training & programming for health, sport & wellbeing - Controlled Task
3. Professional development in the sports industry - Assignment
- Optional unit
4. Practical sport - Assignment

### **Future Opportunities:**

The BTEC Sport course is recognised by universities for degree courses such as Sports Science, Coaching, Physiotherapy & Leisure Management, to name just a few. If you decide not to go to university, the BTEC Sport course provides employment routes into a number of areas such as the

armed forces, police, sport and leisure industry and other health fields, e.g. physiotherapy, coaching, fitness armed services, instructor, sports manager, broadcasting, journalism, sports medicine, nurse, teaching.

### **Exam Board: Edexcel**

<https://qualifications.pearson.com/en/qualifications/btec-nationals/sport-2010.html>

St. Mary's  
Catholic Academy



6th Form

Apply online at [www.st-mary.blackpool.sch.uk](http://www.st-mary.blackpool.sch.uk)

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